**Meagan Jackson LPC-S, RPT-S**

Office: 469.850.2405 Email: meagan@meaganjacksoncounseling.com

**Education**

M.Ed Counseling (2012)

Community Mental Health, University of North Texas, Denton, TX (CACREP-Accredited)

Areas of Concentration: Play Therapy

B.S. Human Development and Family Studies (2008)

Human Development and Family Studies, Texas Tech University, Lubbock, TX

**CREDENTIALS AND CERTIFICATIONS**

* Licensed Professional Counselor-Supervisor #71097, Texas State Board of Examiners of Professional Counselors
* Registered Play Therapist-Supervisor #S3176

**CLINCIAL EXPEREINCE:**

**2024-Present**

Meagan Jackson Counseling

Therapist/Owner

Frisco, TX

Meagan Jackson counseling is a private practice counseling center that was established to serve children and families. Meagan’s duties primarily consist of providing child and family counseling sessions, parent education and support services and supervision of Associates.

**2023-2025**

New Roots Counseling

Lead Therapist

Frisco, TX

New Roots Counseling is a private practice counseling firm that was established in 2023 to serve children, families and individuals. As Lead Therapist, Meagan’s duties primarily consist of children and family counseling sessions, supervision of Associates and public speaking.

**2021-2023**

Lifeologie

Children’s Therapist

Dallas, TX

Lifeologie is a private practice that provides counseling services to adults, children and families in the community. Meagan’s duties included, providing counseling to children and families and supervision to Master Level Students and Associates related to play therapy.

**2018-2021**

Children’s Health

Clinical Therapist

Dallas, TX

Coordinated teams of doctors, nurses, speech therapist, occupational therapist and dietians to support the care of children while in Inpatient setting. Provided family counseling and psychoeducation to children and families to support care and transition out of inpatient setting.

**2015-2018**

MHMR Tarrant County

Infant Mental Health Specialist

Denton County, TX

Partnered with CPS and Denton County Family Drug court to provide counseling, parent education and psychoeducation to children and families.

**2013-2015**

Communities in Schools

Behavior Intervention Specialist

Denton, TX

Provided individual and group play therapy to children within the school setting.

**PROFESSIONAL PRESENTATIONS**

* Divorce 101 (Fall 2023) presented to local practice to support working with families through divorce. Frisco, TX
* The Space Between (Fall 2024) presented at Kid’s Talk Frisco for Play Therapist working with Families through Divorce. Frisco, TX

**PROFESSIONAL DEVELOPMENT AND SPECIALIZED TRAINING**

Continuing Education

* Parenting Team Expert Training, Spring 2025 Cohort (Completion May 2025)
* Children’s Voices in Cases Involving Parent-Child Contact Problems, AFCC, 2024
* Collaborative Divorce Texas Basic Interdisciplinary Training, Austin, TX, 2024
* Connecting with Others: Exploring Play Therapy Supervision & Ethics, TXAPT, Arlington, TX, 2024
* The Play Therapist Goes to Court; Review of Documentations, Subpoenas, Testimony & More, TXAPT, Arlington, TX, 2024
* Divorce: Helping Children via Play Therapy, Psycheducation & Consultation, TXAPT, Arlington, TX 2024
* Playfully Navigating Cross-Cultural Supervision in Expressive Play Therapy, TXAPT, Arlington, TX 2024
* Serving Transgender & Gender Non-Conforming Youth and Families, APT, Clovis, CA, 2023
* Difficult Clinical Cases & Issues in CCPT, APT, Clovis, CA, 2023
* Parent Facilitator/Parent Coordinator Training, Between Two Homes, Dallas, TX 2023
* EMDR Basic Training specialized training for Children/Teens, EMDR Institute, 2023
* Advanced Medication, Manousso Mediation & Arbitration LLC, Harris County, TX 2023
* Basic Medication, Manousso Medication & Arbitration LLC, Harris County, TX 2023
* Widening the Window of Tolerance, CCFAM, Fort Worth, TX 2022
* Polyvagal in the Playroom, CCFAM, Fort Worth, TX 2022
* Malicious Mothers, Ferocious Fathers & Angry Adolescents, TAFF, Denton, TX 2022
* Children in the Middle, Between Two Homes, Ft. Worth TX, 2021
* Calm, Cool and Relaxed: Play Therapy Interventions for Dysregulated Children, APT, Clovis, CA 2021
* The Transformation Power of Play Therapy: Neurobiology APT, Clovis, CA 2021
* Writing Goals & Objective for Play Therapy, APT, Clovis, CA 2021
* Supervisor Training, Play Therapy, CCFAM, Fort Worth TX, 2021
* Creating Connection, Hope & Resilience Through Trauma, APT, Clovis, CA 2021
* Using Play to work with Children At Risk of Suicide, APT, Clovis, CA 2021
* BFRB- Understanding and Treating, The TLC Foundation, 2021
* Trauma Focused CBT, Children’s Health, Dallas, TX 2020
* Attachment, Trauma and Good Enough Parenting, APT, Clovis, CA 2020
* Play Therapy in the Courtroom, Association for Play Therapy, Clovis, CA, 2019
* ASD: Building Connection & Self-Regulation through Play Therapy, TAPT, Dallas, TX, 2019
* TBRI-In Home Facilitator Training, TCU, Ft. Worth, TX, 2017
* Nurturing Parenting Program Facilitator Training, NPP International, San Antonio, TX, 2017
* Circle of Security Facilitator Training, Circle of Security International, Dallas, TX 2015

**AFFILIATIONS**

* Member, Association for Play Therapy (2013-present)
* Association of Family and Conciliation Courts (2023-present)
* Member, Texas Association for Play Therapy (2013-present)